

Key Stage		Autumn	Spring	Summer
III		Outwitting Opponents: Invasion & Net/Wall Exercising Safely/Effectively: Fitness Exploring & Communicating Ideas: Dance Performing at Maximum Levels: Swimming	Outwitting Opponents: Invasion & Net/Wall Accurate Replication: Gymnastics Identifying & Solving Problems ECI: Dance PML: Swimming	Outwitting Opponents: Striking & Fielding PML: Athletics Sports Day Preparation ECI: Dance PML: Swimming
IV	GCE	Y10: Health, training & exercise Individual Sports Y11: Skill Acquisition Practicing Practical	Y10: Exercise Physiology Individual Sports Y11: Psychology & Moderation Prep.	Y10: Movement Analysis Team Sports Y11: Revision/Exam Prep.
	BTEC	Y10: Unit 1: Health/Fitness Y11: Unit 6: Leading	Y10: Unit 5: Training Methods Y11: Unit 1 Re-sit/Moderation Prep	Y10: Unit 2: Practical Y11: Work re-submission
	Core	Y10: OO: Invasion & Net/Wall ESE: Fitness Y11: Options	Y10: OO: Invasion & Net/Wall AR: Gymnastics ISP Y11: Options	Y10: PML: Athletics OO: Striking/Fielding Y11: Options
V BTEC		Y12: Assessing Risk, Fitness Testing, Technical & Tactical Skills Y13: Exercise, Health & Lifestyle Sports Coaching, Practical Sports	Y12: Assessing Risk, Anatomy & Physiology Y13: Work Experience, Sports Coaching, Organising Sports Events	Y12: Anatomy & Physiology Practical Team Sports Y13: Sports Development