

Subject Summary Sheet

PE

Curriculum Overview

	Autumn	Spring	Summer
Core PE	A variety of activities is studied, based on seasonal sports and also events/fixtures. In Y7 this includes Swimming, and in all years includes Fitness along with a balance of team and individual activities. Team: Football/Hockey/Rugby/Netball/Cricket/Handball/Volleyball/Rounders Individual: Athletics/Badminton/Tennis/Gymnastics/Squash		
Y9 GCSE (LCK)	Health, Training & Exercise Exercise Physiology	Movement Analysis Psychology of Sport	Socio-cultural Issues Self-analysis & evaluation
	Practical Team/Individual Sports	Practical Team/Individual Sports	Practical Assessments
Y9 BTEC (MKY)	Unit 2: Practical Sports Performance		Unit 6: Leading Sports Activities
Y10 GCSE (NFR)	Health, Training & Exercise Exercise Physiology	Movement Analysis Psychology of Sport	Socio-cultural Issues Self-analysis & evaluation Mock Exam
	Practical Team/Individual Sports	Practical Team/Individual Sports	Practical Assessments & Internal Moderation
Y10 BTEC (MKY)	Unit 1: Fitness for Sport & Exercise		Unit 2: Practical Sports Performance, including assessment
Y10 DANCE (JCD)	Learning the Set Phrases	Performance (Solo & Duet/Trio)	Choreography
	Key knowledge & understanding	Critical Appreciation: Dance Anthology	Critical Appreciation: Dance Anthology
Y11 GCSE (BWD/MKY)	Health, Training & Exercise Exercise Physiology Movement Analysis	Psychology of Sport Socio-cultural Issues	Revision & GCSE Exam
	Self-analysis & evaluation in Practical Team/Individual Sports	Final Practical Assessment & Moderation	

Staff:

Lee Crick
Mark Kirby
Barry Woodward
Neil Fisher
Jess Clifford

SMSC Foci:

Fair Play, Sportsmanship, Team Work, Active healthy lifestyle. Responsibility, Integrity, Courage, Respect, Resilience.

Most Recent Results:

A*-C or Dist*-Pass:

2016: Y11 74% Y13 100%

2015: Y11 89% Y13 100%

Key Subject Skills:

Core PE

Develop skills/Make & apply decisions/Evaluate & Improve Performance/
Mental Ability/Healthy Active Lifestyle

Exam PE/Sport/Dance

Knowledge, understanding, skills to develop & maintain performance.

Factors that underpin activity and use this knowledge to improve performance.

Critical analysis of performance.

Career Pathways:

PE Teacher/Sports Coach
Fitness/Activity Instructor
Sports Psychology
Exercise Science
Physiotherapy
Sports Medicine/Massage
Dietician/Nutritionist
Sports Development/Administration
Athlete/Performer/Official